

AA General Studies – Health Promotion Option

PHILOSOPHY:

The Health Promotion program at Stone Child College prepares students for a career in the health care profession with the capabilities to implement programs in disease prevention and wellness programs in the health care system. Students can also continue their education and enter a baccalaureate degree program in the area of Health Promotion.

The Health Promotion program is dedicated to providing authentic learning opportunities for students interested in working in the health and fitness field. The program is established to provide students with a background in the health, fitness and business fields.

EXPECTED LEARNER OUTCOMES:

Students will:

1. Describe the purpose, role and scope of disease and wellness programs.
2. Demonstrate the fundamental skills of college level writing.
3. Demonstrate oral communication, both public speaking and small group work.
4. Recognize and interpret Chippewa-Cree culture, language(s), and history.
5. Build knowledge of current health issues.

COURSE REQUIREMENTS:

Students will complete the GENERAL EDUCATION and the PROFESSIONAL CORE degree requirements as outlined in the appropriate sections with these specific courses required for completion of General Education.

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| GENERAL EDUCATION | |
| General Education Mathematics: M 121: College Algebra (3 credits) | 34 CREDITS |
| General Education Natural Sciences: BIOS 101: General Biology (4 credits) or BIOH 101: Found of Human Biology (3 credits) BIOH 102: Found of Human Biology Lab (1 credit) | |
| General Education Social Science: SOCI 100: Intro to Sociology (3 credits) | |
| PROFESSIONAL CORE | |
| Health/Physical Education Required Courses: HPE115: First Aid and CPR (2 credits), HPE 120: Nutrition (2 credits) HPE 233: Foundations of Health and Physical Education (2 credits), HPE 274: Personal and Community Health (3 credits), HPE 285: Principles of Health and Wellness (3 credits), HPE +100 (1 credit) | 13 CREDITS |
| Select one of the three options: Education and Human Services (12 credits) OR | 12/13 CREDITS |
| Pre-Professional option courses (13 credits): STAT 216: Statistics(4 credits), CHMY 141/142: Intro to General Chemistry/Lab (4 credits) OR | |
| Business (12 credits) | |
| TOTAL CREDIT REQUIREMENTS | 59/60 CREDITS |