

# ***AA Human Services – Rural Behavioral Health Option***

## **PHILOSOPHY:**

The Rural Health Behavioral Health option prepares students with introductory knowledge to work in the field. The emphasis of this degree is doing basic research and transfer to other institutions at the junior level into a human services program.

## **EXPECTED LEARNER OUTCOMES:**

Students will:

1. Apply critical thinking skills within the context of professional behavioral health practice.
2. Understand the value base of the profession and its ethical standards.
3. Demonstrate understanding of basic behavioral health research.
4. Use communication skills differently across client population's colleagues, organizational settings and communities.
5. Analyze the uniqueness of providing services in rural Native Communities.

## **COURSE REQUIREMENTS:**

Students will complete the GENERAL EDUCATION and the PROFESSIONAL CORE degree requirements as outlined in the appropriate sections with these specific courses required for completion of General Education.

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| <b>GENERAL EDUCATION</b>   |                   |
| General Education Mathematics: STAT 216: Intro to Statistics (3 credits)   | <b>34 CREDITS</b> |
| General Education Natural Sciences: BIOH 101: Found of Human Biology (3 credits),<br>BIOH 102: Found of Human Biology Lab (1 credit) |                   |
| General Education Social Sciences: PSYX 100: Intro to Psychology (3 credits)   |                   |
| <b>PROFESSIONAL CORE</b>   |                   |
| HS220: Intro to Behavioral Health (3 credits)  | <b>27 CREDITS</b> |
| AD150: Intro to Addiction, Trauma, Grief and Loss (3 credits)  |                   |
| PSYX 240: Lifespan Development(3 credits)  |                   |
| HPE 285: Principles of Health and Wellness (3 credits)   |                   |
| HS 285: Behavioral Health Facilitator Training (2 credits)   |                   |
| SOCI 101: Intro. to Sociology (3 credits)  |                   |
| HS 282: Multicultural Counseling (3 credits)   |                   |
| PSYX 220: Intro. to Psychology Research (3 credits)  |                   |
| STAT 216: Intro. to Statistics (3 credits)   |                   |
| HS 295: Research Capstone (1 credit)   |                   |
| <b>TOTAL CREDIT REQUIREMENTS</b>   | <b>61 CREDITS</b> |